

What's On

40
days
of
Lent



The Newsletter of The Free Church (United Reformed)
St Ives and Fenstanton URC Church

Thoughts for the month ahead.



View from the Manse...

These days it seems many people feel the need to present themselves as tough. Yes, we need to be resilient to cope with the different challenges we face in life, however is that how God wants us to be? 'Walk softly in spring time . . .' is the beginning of an old hymn that was sung when I was young.

It reminds us of the need to be gentle, to take care not to trample on new shoots as they come up from the damp ground before they have a chance to grow. The world seems to become more difficult and to have many with heavy boots trampling on people's feelings and sensibilities. What a contrast are the fruits of God's Spirit: to show love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control. *Galatians 5.22*

God longs for us to bear these fruits in our lives. As followers of Jesus, we are to grow in grace and faith as God's Spirit gradually changes us to be more like Christ. This is a long and rather up and down process, for we are continually needing God's grace and forgiveness so that we may have new beginnings when we mess up. I know, for example, that I can be too assertive and push to get my words in, rather than to wait and first fully listen to others. May God help me to be more gracious, as I would like others to be toward me.

The whole of the month of March is within Lent this year and it is an opportunity for us to reflect on how we are developing the fruit of the Spirit in our lives. Several events will help us grow in our faith. Friday March 3rd is the World Day of Prayer at Sacred Heart Roman Catholic Church and then Sunday 5th March we will have a service for Fairtrade Fortnight and a lunch to say thank you for the wonderful ministry of Just Sharing, our Fairtrade shop that is sadly closing.

Our student minister Joe will be leading a lent course on Tuesday evenings in Tookey's café, so do come along.

On 19th March we celebrate Mothering Sunday and hope to see families joining us for café style worship.

As the daffodils and hyacinths come up and the birds sing, may God water our spirits and help us grow in grace and peace and help us to show Jesus' ways to our community.

With love and blessings,

Catherine

March 2023

Services this month:

THE FREE CHURCH, ST IVES

5th Revd Dr Catherine Ball

Mar Holy Communion

12th Geraldine Swain

Mar

19th Revd Dr Catherine Ball

Mar

26th Revd Dr Catherine Ball

Mar

FENSTANTON URC CHURCH

5th Mar Christine Davies

12th Mar Revd Dr Catherine Ball

19th Mar Revd Dr Catherine Ball

26th Mar Keith Cakebread

Our Weekly Newsletter

We send out a weekly newsletter to help keep us all in touch with what's going on.

If you would like to start receiving this then please visit our website:

www.stivesfreechurch.org, click on the Newsletter link on the home page, enter your email address and click on the subscribe button.

What's on in

MARCH

Mon - Sat	10:00 - 10:15	Chapel Prayers
Mon - Sat (not Thu)	09:45 - 14:00	Tookeys Café
Mondays	09:30 - 13:30	Tookeys Snack Bar
Mondays	19:00	Indoor Bowls Club
Wednesdays	10:00 - 11:30	Tots & Carers baby group
Thursdays	14:30 - 16:00	Migrant Welcome Group
Sundays	11:00	Worship
Wed 1st	10:00 - 11:30	Hemingford Ladies' Choir
	11:00 - 13:00	U3A Current Affairs
	14:00 - 16:00	Senior Citizens Club
Thu 2nd	09:15 - 13:30	Shirley's Coffee Shop
	12:00 - 14:00	Keep Fit FaME (Falls Management Exercise)
	19:30 - 22:00	WI
Sat 4th	09:30 - 15:30	Saints Crafters
	10:00 - 12:45	Diabetes Prevention Group
Sun 5th	13:00	Just Sharing Tea Party
Mon 6th	10:30 - 12:00	Bereavement and Friendship Group
Tue 7th	14:30	Knitted Bible Exhibition Meeting
	19:00 - 21:00	St Ives Photographic Club
	19:30	Lent course
Wed 8th	10:00 - 11:30	Hemingford Ladies' Choir
	14:00 - 16:00	Senior Citizens Club
	19:30 - 21:30	St Ives Youth Theatre Show
Thu 9th	12:00 - 14:00	Keep Fit FaME (Falls Management Exercise)
	19:30 - 21:30	St Ives Youth Theatre Show
Fri 10th	19:30 - 21:30	St Ives Youth Theatre Show

Sat 11th	19:30 - 22:00	St Ives Youth Theatre Show
Sun 12th	15:00	Tapestry Singers: Welcome in the Spring
Mon 13th	10:30 - 12:00	Bereavement and Friendship Group
Tue 14th	19:00 - 21:00	St Ives Photographic Club
Wed 15th	10:00 - 11:30	Hemingford Ladies' Choir
	11:00 - 13:00	U3A Current Affairs
	14:00 - 16:00	Senior Citizens Club
	19:30 - 22:00	HRAA St Ives Gardening Club
Thu 16th	09:45 - 10:45	Sunny Steps under 5s dance class
	12:00 - 14:00	Keep Fit FaME (Falls Management Exercise)
	19:30	Lent course
Fri 17th	10:00 - 12:00	U3A Local History
	19:00 - 21:00	Civic Society Open Meeting
Sat 18th	10:00 - 12:00	Climate Café: St Ives Eco Action
Mon 20th	10:30 - 12:00	Bereavement and Friendship Group
Tue 21st	10:00 - 12:00	Dementia Cafe
	19:00 - 21:00	St Ives Photographic Club
Wed 22nd	10:00 - 11:30	Hemingford Ladies' Choir
	14:00 - 16:00	Senior Citizens Club
Thu 23rd	09:45 - 10:45	Sunny Steps under 5s dance class
	09:30 - 13:15	Diabetes Prevention
	12:00 - 14:00	Keep Fit FaME (Falls Management Exercise)
	14:30	St Ives Free Church Poetry Group
Sat 25th	09:30 - 12:30	Diabetes Prevention Group
Mon 27th	10:30 - 12:00	Bereavement and Friendship Group
	19:30 - 21:00	NEW! Zumba class
Tue 28th	19:00 - 21:00	St Ives Photographic Club
Wed 29th	10:00 - 11:30	Hemingford Ladies' Choir
	14:00 - 16:00	Senior Citizens Club
	19:00	RSPB
Thu 30th	09:45 - 10:45	Sunny Steps under 5s dance class
	12:00 - 14:00	Keep Fit FaME (Falls Management Exercise)
Fri 31st	13:00	COSI lunchtime concert

Contacts

For a fuller list of contact details, please visit the contacts page of our website

Minister

Revd Dr Catherine Ball

01480 352058

Church Office

Gail Wase and Sarah Bateman

468535

office@stivesfreechurch.org

Open 9am—1pm Mon to Fri

Room bookings should be made through the Church Office

Church Secretary

David Duffett 395308

Associate Church Secretary (and Media Communications and Website)

Peter Davies 495835

Finance and Property Convenor

Peter German 352401

Fenstanton Church Secretary

Geoffrey Hawkins 462001

The Free Church is committed to the safeguarding of children and vulnerable adults.



HUNGRY?

HOT FOOD served Mondays, Wednesdays and Fridays

Homemade vegetable lasagne, salad, coleslaw and dressing £6.75

Homecooked ham, eggs and home cooked chips £6.75

Lamb's liver and bacon casserole, served with fresh vegetables £6.75

What Wednesday lunchtime looks like in Tookey's Café...

Find us in the Free Church, Market Hill, St Ives We're open 9.45am - 2.00pm

Reasons to visit Tookey's Café...

1. Home-cooked hot dinners at reasonable prices! Hot food is served on Mondays, Wednesdays and Fridays.
2. It's so warm and cosy in there!

TUESDAY COFFEE MORNINGS...

Why not hold a coffee morning with your organisation in our café? Tookeys can accommodate up to 20 people!